

Zane State College
Physical Therapist Assistant (PTA) Program

Quick Reference PTA Student Performance Expectations

PTHA 2400:

This is the first clinical experience within the Physical Therapist Assistant Program curriculum. Student/learners will be investing 24 hours per week for 10 weeks in a physical therapy clinical setting within the local geographic area. Students will have the opportunity to practice and apply skills learned in other classes. Students will also have the opportunity to become integrated into a physical therapy department by working under the supervision and direction of a licensed physical therapist and with the guidance of a clinical instructor.

The student can be expected to perform the following activities within the department:

MMT, goniometry, girth measurements, vital signs, measurement for assistive devices, gait training, transfers, bed mobility, soft tissue mobilization, hydrotherapy, physical agents, US, electrical stimulation, cervical and lumbar traction, AROM/PROM exercise, patient/family education and treatment documentation using SOAP format. Additional experience with techniques is encouraged, as deemed appropriate by the CI and the student, note that competence should be established by the CI prior to student performance of the technique.

Other potential experiences (dependent upon availability)

Department in-services, department meetings, orthopedic surgery observation, home or workplace ergonomic assessment, school-based therapies and IEP meetings.

(Student/learners have successfully completed Dysfunction of the Musculoskeletal System and Kinesiology. They completed manual muscle testing, goniometry, and intro to therapeutic exercise in Physical Therapy Procedures II. Summer quarter they completed modalities. During Physical Therapy Procedures I they covered the following techniques: vital signs, body mechanics/safety, wheelchair management, positioning/draping, transfers, gait training, massage, and thermal physical agents. They completed documentation, legal/ethical issues, and HIPPA regulations during Introduction to the Clinical Setting.)

***During this fall semester, student/learners are completing the following in PTHA 2700 Rehabilitation – Concepts and Applications: balance/coordination, abnormal gait analysis, amputations & prosthetics, orthotics, muscle tone, motor learning & control, NDT, PNF, CVA, TBI, SCI, cardiac rehab and Chest PT. The students have covered a variety of orthopedic diagnosis and treatment, ranging from discogenic diagnoses, tendonitis and ligamentous injuries of the joints to total joint replacement. Students are completing the following in PTHA 2320 Therapeutic Exercises – Concepts and Application: stretching and resistance training for the UE and LE, aquatic exercise, therapeutic exercise for trunk and spine, joint mobilization, and initiation and progression of exercise.)*

****Mastery should not be expected in these content areas during this clinical experience**

PTHA 2500:

This is the second clinical experience within the Physical Therapist Assistant Program curriculum. Student/learners will be investing 32 hours per week for 7 weeks in a physical therapy clinical setting within the local geographic area. Students will have the opportunity to practice and apply skills learned throughout the PTA program. Students will operate under the direction and supervision of a licensed physical therapist and with the guidance of a clinical instructor.

The student can be expected to perform the following activities within the department, in addition to those listed above for PTHA 2400: model professional behaviors, identify/request opportunities to

promote career development, initiate effective communication with all team members, completes documentation in a timely manner with minimal guidance from CI, safely implements therapeutic exercise programs based on the POC established by the PT, demonstrates awareness of patient responses to interventions and modifies as necessary based on the established POC, submits appropriate charges for services with minimal guidance from CI, and begins to contribute to discharge planning and recommendations with guidance from CI.

Other potential experiences (dependent upon availability)

Department in-services, department meetings, orthopedic surgery observation, home or workplace ergonomic assessment, school-based therapies and IEP meetings, and/or multi-disciplinary meetings.

(Student/learners have successfully completed all coursework in the PTA curriculum with the exception of PTHA 2600 Practicum III for the PTA and PTHA 2650 Role Transition & Professionalism. Student learners have recently completed a 15 hour seminar with content on geriatric diagnoses and management prior to entering this clinical experience.)

PTHA 2600:

This is the third and final clinical experience within the Physical Therapist Assistant Program. Student/learners will be investing 32 hours per week for 7 weeks in a physical therapy clinical setting within the local geographic area. Students will have the opportunity to practice and apply skills learned throughout the PTA program. Students will operate under the direction and supervision of a licensed physical therapist and with the guidance of a clinical instructor.

Progressive attainment of competence will be achieved by students. Competence is defined as achieving a rating of "Entry-Level Performance" for all 14 performance criteria within the Web PTA CPI and absence of any marks within the "significant concerns" box. Students may have achieved a rating of "Entry-Level Performance" for performance criteria during earlier practicums, depending on clinical setting and experience with patients in that setting.

The student can be expected to perform the following activities within the department, in addition to those listed above for PTHA 2400 and PTHA 2500: prioritize patients and schedules independently, demonstrate safe and appropriate handling skills of patients, seek answers and solutions in unfamiliar clinical situations with independence, complete all necessary documentation independently and not exceeding the time of "Entry-Level Performance" for the site, submit charges associated with services to CI independently, communicate effectively with all members of the healthcare team, demonstrate ability to independently interact with and notify supervising PT of need for treatment modifications, progressions or goal revision when patient response to intervention has not met expectations established by the PT, confidently completes patient/family education to prepare for HEP/discharge, and contribute to discharge planning and recommendations with guidance from CI.

Other potential experiences (dependent upon availability)

Department in-services, department meetings, orthopedic surgery observation, home or workplace ergonomic assessment, school-based therapies and IEP meetings, and/or multi-disciplinary meetings.

(Student/learners have successfully completed all coursework in the PTA curriculum. Student learners have recently completed a 15 hours seminar with content on pediatric diagnoses and management, developmental milestones and pediatric assessment prior to entering this final clinical experience.)

Zane State College Physical Therapist Assistant Program CPI Performance Expectations for Clinical Practicums - Midterm (M) and Final (F)

PTHA 2400 M / F	PTHA 2500 M / F	PTHA 2600 M / F	Web CPI Criteria
Ad Beginner/ Intermediate▶	Intermediate/Ad Intermediate▶	Entry-Level▶	1. Safety - Performs in a safe manner that minimizes risk to the patient, self, and others.
Ad Beginner/ Intermediate▶	Intermediate/Ad Intermediate▶	Entry-Level▶	2. Clinical Behaviors - Demonstrates expected clinical behaviors in a professional manner in all situations.
Ad Beginner/ Intermediate▶	Intermediate/Ad Intermediate▶	Entry-Level▶	3. Accountability - Performs in a manner consistent with established legal standards, standards of the profession, and ethical guidelines.
Ad Beginner/ Intermediate▶	Intermediate/Ad Intermediate▶	Entry-Level▶	4. Cultural Competence - Adapts delivery of physical therapy services with consideration for patients' differences, values, preferences, and needs.
Ad Beginner/ Intermediate▶	Intermediate/Ad Intermediate▶	Entry-Level▶	5. Communication - Communicates in ways that are congruent with situational needs.
Beginning/ Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	6. Self-Assessment and Lifelong Learning - Participates in self-assessment and develops plans to improve knowledge, skills, and behaviors.
Ad Beginner/ Intermediate▶	Intermediate/Ad Intermediate▶	Entry-Level▶	7. Clinical Problem Solving - Demonstrates clinical problem solving.
Beginning/Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	8. Interventions: Therapeutic Exercise – Performs selected therapeutic exercises in a competent manner.
Beginning/Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	9. Interventions: Therapeutic Techniques – Applies selected manual therapy, airway clearance, and integumentary repair and protection techniques in a competent manner.
Beginning/Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	10. Interventions: Physical Agents and Mechanical Modalities – Applies selected physical agents and mechanical modalities in a competent manner.
Beginning/Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	11. Interventions: Electrotherapeutic Modalities – Applies selected electrotherapeutic modalities in a competent manner.
Beginning/Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	12. Interventions: Functional Training and Application of Devices and Equipment – Performs functional training in self-care and home management and application and adjustment of devices and equipment in a competent manner.
Beginning/Ad Beginner	Ad Beginner/Intermediate▶	Ad Intermediate/Entry- Level▶	13. Documentation – Produces quality documentation in a timely manner to support the delivery of physical therapy services.
Beginning/Ad Beginner	Ad Beginner/Intermediate	Ad Intermediate/Entry- Level	14. Resource Management – Participates in the efficient delivery of physical therapy services.

▶ **Red Flag Items** – If there is any concern noted in one or more of these areas please  contact ACCCE immediately at **740-588-4112!**